

# FAMILY COACHING

Family plays a crucial role in the recovery process.

We recognize that your family's recovery is every bit as important as the recovery of the substance abuser and is a great show of support! Family Coaching can show you how to work together as a team whether your loved one is in treatment, is committed to sobriety, or even if they have refused treatment.

## WHAT IS FAMILY COACHING?

Our Family Coaching component helps build the foundation for a strong support network. A united family is extremely beneficial to the recovery of a substance abuser. We show you how to support your loved one with clear communication and healthy boundaries while no longer making the common mistakes of enabling, codependency, or feelings of anger or superiority.

Using the same model we use during a full intervention, we show you the importance of changing behaviors that don't work by learning about and redefining the roles your family has played in the substance abuser's life.



Seeing the pain addiction causes families is heart-wrenching.



Feeling the love families sustain is heartwarming.



Observing a family's willingness to learn and change is humbling.



Uniting families through our services is awe-inspiring.



*Seeing the strength of a family in recovery is Synergistic!*